

Our Mission:

To promote recovery from the effects of addiction and other behavioral health issues.

Syracuse Behavioral Healthcare (SBH) was founded in 1920 and is one of Upstate New York's most comprehensive and clinically progressive chemical dependency and other behavioral health services provider. The

organization is organized as a non-profit corporation in New York State.

Services provided include withdrawal and stabilization services, inpatient rehabilitation, outpatient clinic services, community residences, supportive living apartments, permanent housing and supportive and clinical case management.

SBH operates in Onondaga and Monroe Counties with programs located in Syracuse and Rochester, NY.

Administrative Operations
770 James Street, Suite 141
Syracuse, NY 13203

Phone: (315) 471-1564
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www.sbh.org

Service	Capacity	Licensing
Syracuse Medically Supervised Inpatient Detoxification	6 beds	OASAS
Syracuse Medically Monitored Inpatient Detoxification	12 beds	OASAS
Rochester Medically Supervised Inpatient Detoxification	15 beds	OASAS
Rochester Medically Monitored Inpatient Detoxification	10 beds	OASAS
Willows Inpatient Rehabilitation	40 beds	OASAS
Medically Supervised Outpatient Chemical Dependency Clinic	34,000 + visits annually	OASAS
Outpatient Compulsive Gambling Clinic	No Cap	OASAS
Lincoln House Men's Community Residence	30 Beds	OASAS
Green St. Men's Community Residence	28 beds	OASAS
James St. Men's Community Residence	16 beds	OASAS
Harriet May Mills Women's Community Residence	12 beds	OASAS
Women & Children Supportive Living	9 apartments	OASAS
Hickory House Apartments Supportive Living	9 apartments	OASAS
Highland St. Supportive Living	13 apartments	OASAS
Hickory St. Supportive Living	19 apartments	OASAS
West Onondaga Supportive Living	21 apartments	OASAS
North Gardens Supportive Living	10 beds	OASAS
Keys to Employment and Economic Stability	20 apartments	Permanent Housing
Keys to Employment and Economic Stability 2	8 apartments	Permanent Housing
North Gardens Permanent	23 apartments	Permanent Housing
Grove Point Permanent	16 apartments	Permanent Housing
Behavioral Healthcare Training Institute	36 courses	OASAS
Case Management		OASAS



SBH Outpatient Treatment

Outpatient Services are designed to support and reinforce recovery from addiction through our chemical dependency and family programs.

Treatment goals are pursued and met through an individualized treatment plan.

SBH Outpatient Services offers a variety of evidence based treatment practices to address each client's unique treatment needs. In addition to these, clients are encouraged to attend speciality groups which may include any of the following:

- Parenting
- 12 Steps and Recovery
- Aggression Management
- Seeking Safety
- Wellness
- Coping Skills

*Acupuncture is offered to assist with cravings management.

Gambling Treatment Services

Program goals include the establishment and maintenance of abstinence from gambling. This is accomplished through assessment and individual, group, and family sessions.

Counseling

Individual Counseling:

SBH provides one-on-one counseling time to work on important personal issues as they relate to recovery.

Group Counseling:

Primary counseling groups meet between one and five times weekly. Included in these:

- Addiction Education
- Women's Therapy
- Co-Occuring Therapy
- Relapse Prevention
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Criminal Justice Programming

Family Counseling:

Family Counseling assists the family in understanding problems and making changes that are positive and helpful for the family unit and for each family member. Assessments and treatment plans are developed for each family member and all are encouraged to participate in conjoint or individual sessions.

Morning, afternoon, evening and weekend appointments are available.



SBH Outpatient Services

- Psychological Consultations
- Psychiatric Evaluations
- Medical Exams
- Drug Screening
- Referrals
- Mental Health Therapy Sessions
- Medication Monitoring
- DWI Evaluation
- Nicotine Replacement Therapy
- Suboxone Therapy

On-Site Childcare Available

On-site childcare is provided for client's children under the age of six during all open clinic hours. Professionally trained childcare workers care for children in a resource room specifically furnished for creative play.

